# A PLACE TO BE

"The biggest killers of black Americans today are not guns or violence, but diet-related diseases, including heart disease, cancer, stroke, and diabetes. These illnesses affect minorities at greater rates than white people, in part because of a broken food system that allows only certain populations to access healthy food while subsidizing low-quality food for the rest." Leah Penniman - YES! Magazine

FOOD JUSTICE

African Americans in Portland are disproportionately affected by diabetes and heart disease as compared to other populations because of structural racism which causes food injustice that li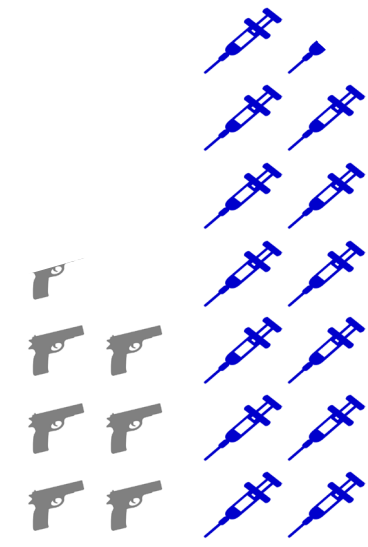mits the quality of food available, dictates the high unhealthy sugar and trans-fat content of available foods, and restricts access to education about gardening and the food system.
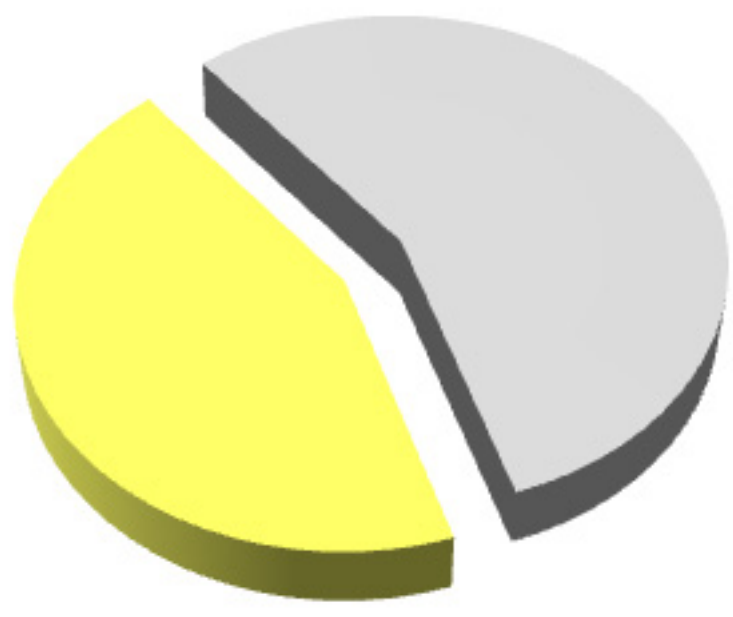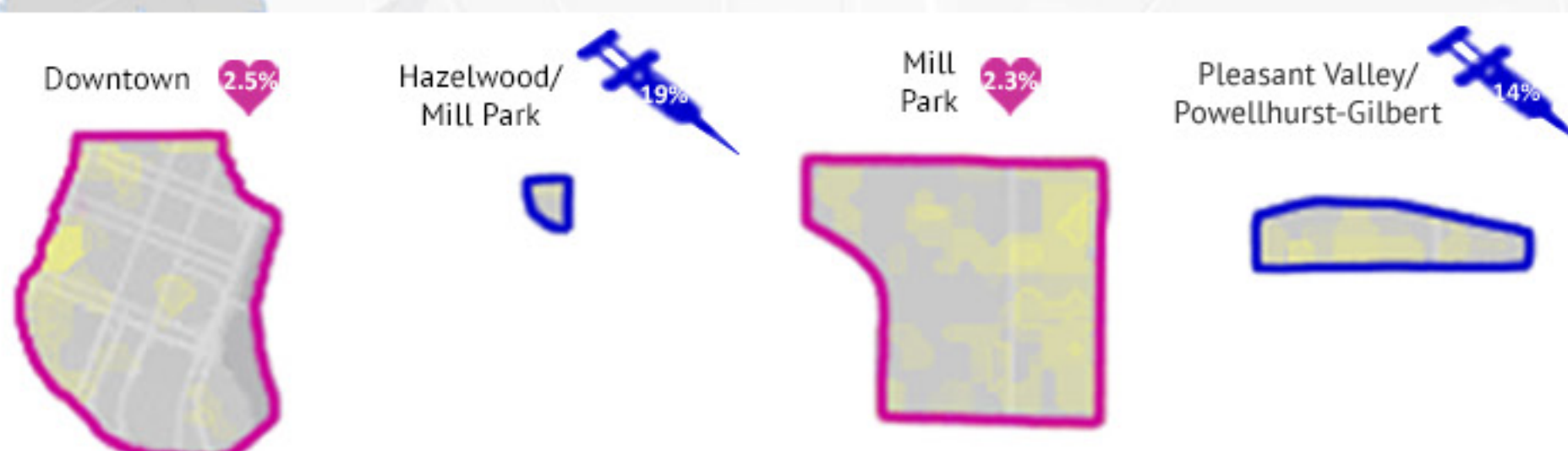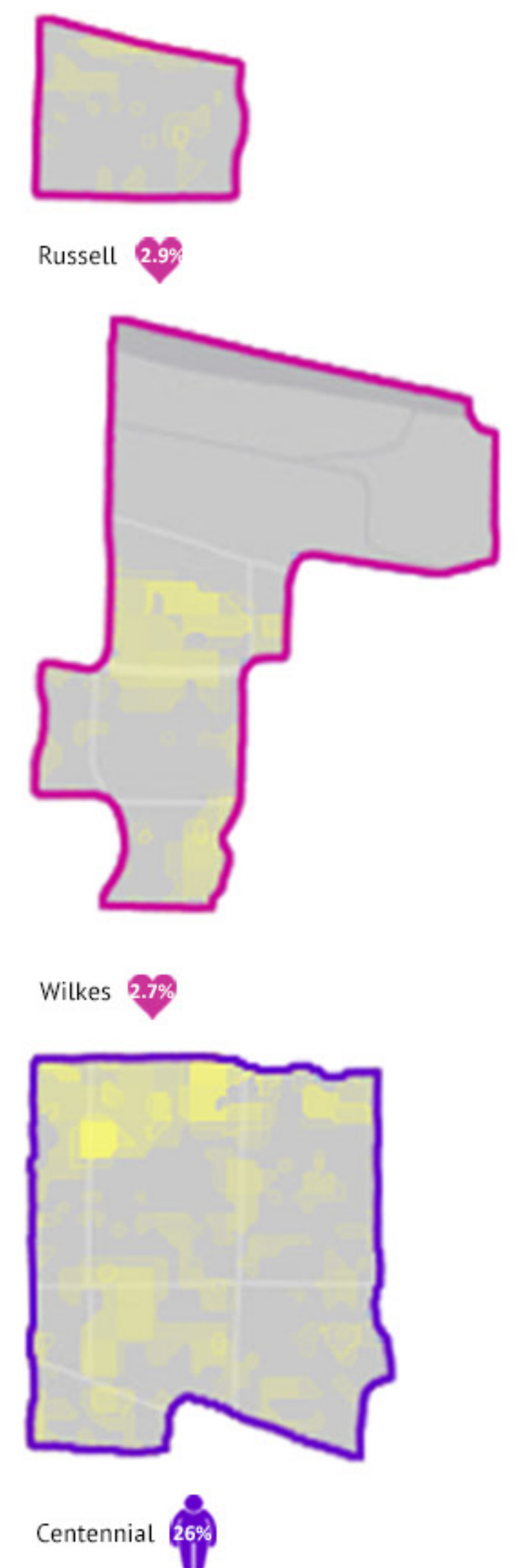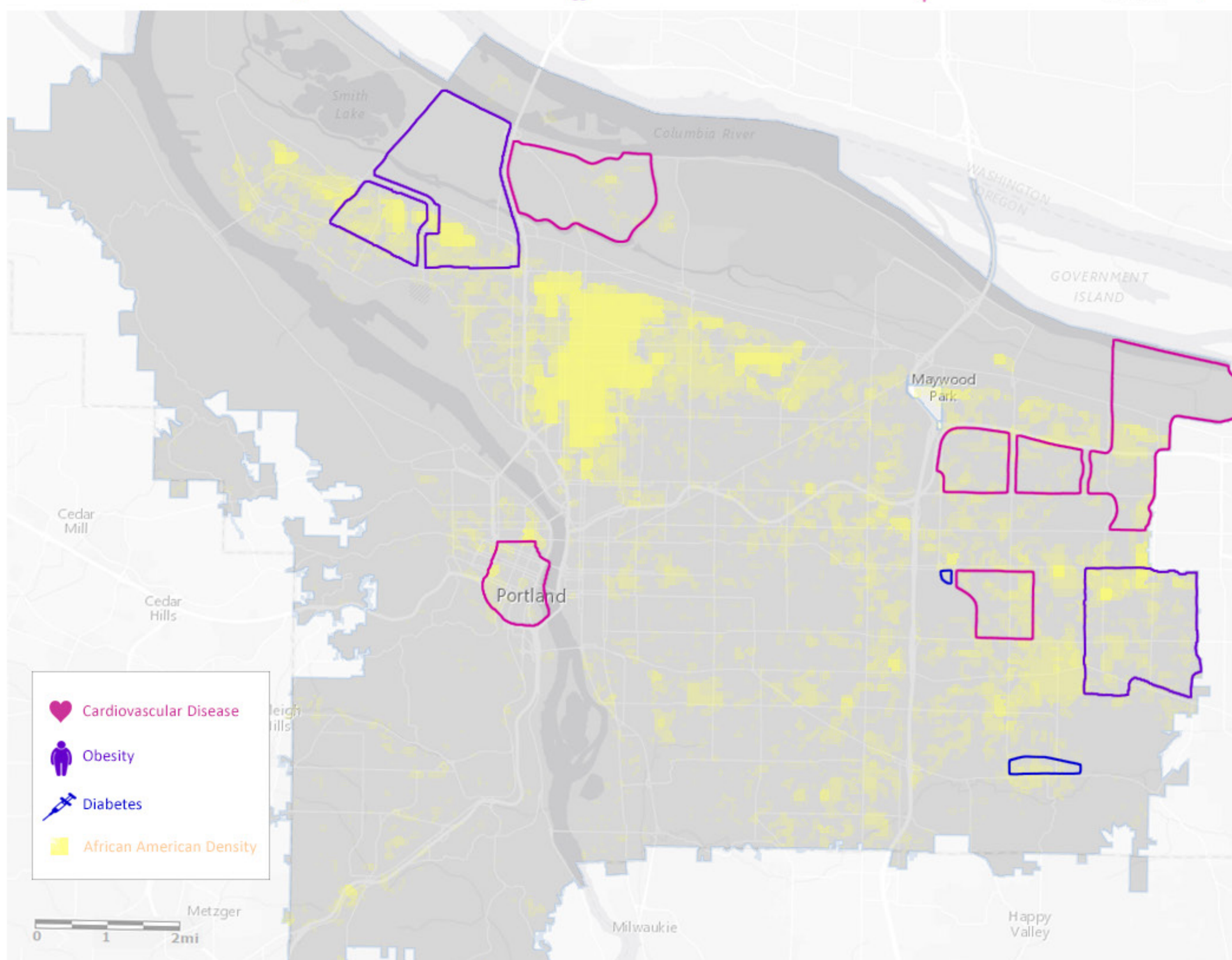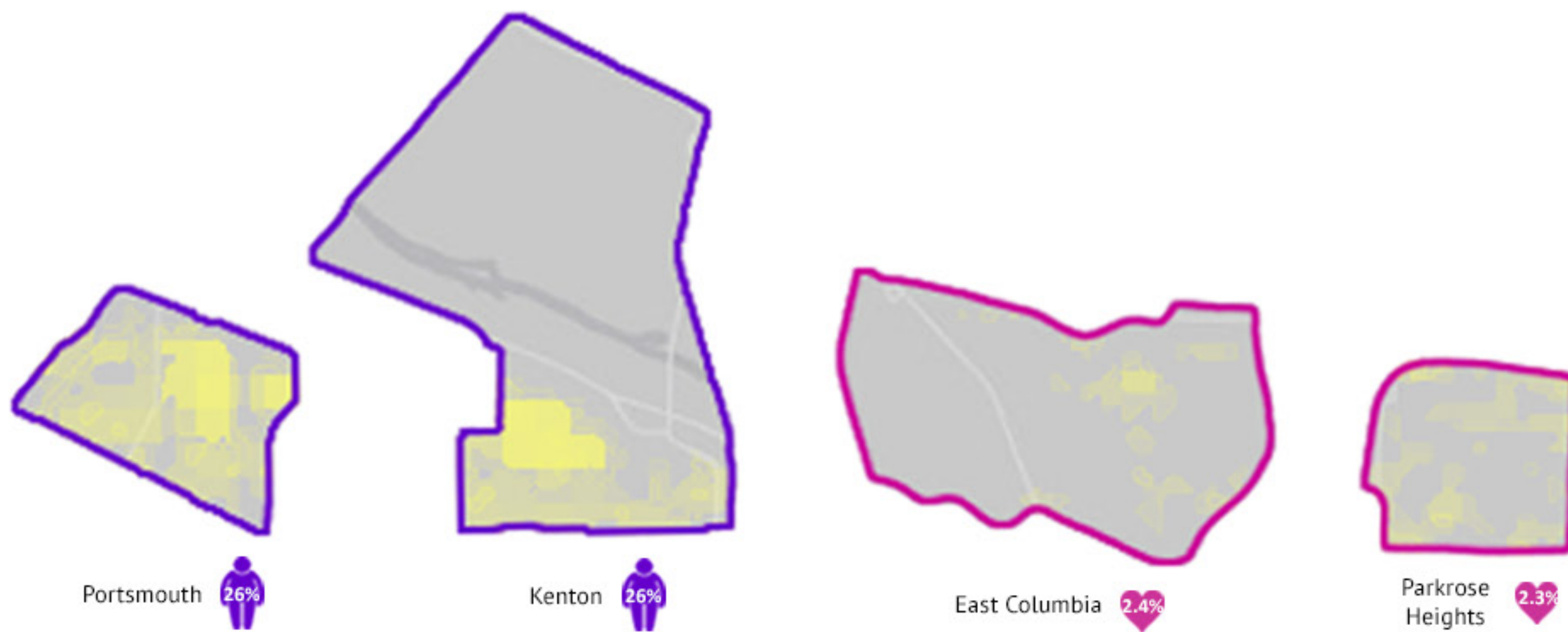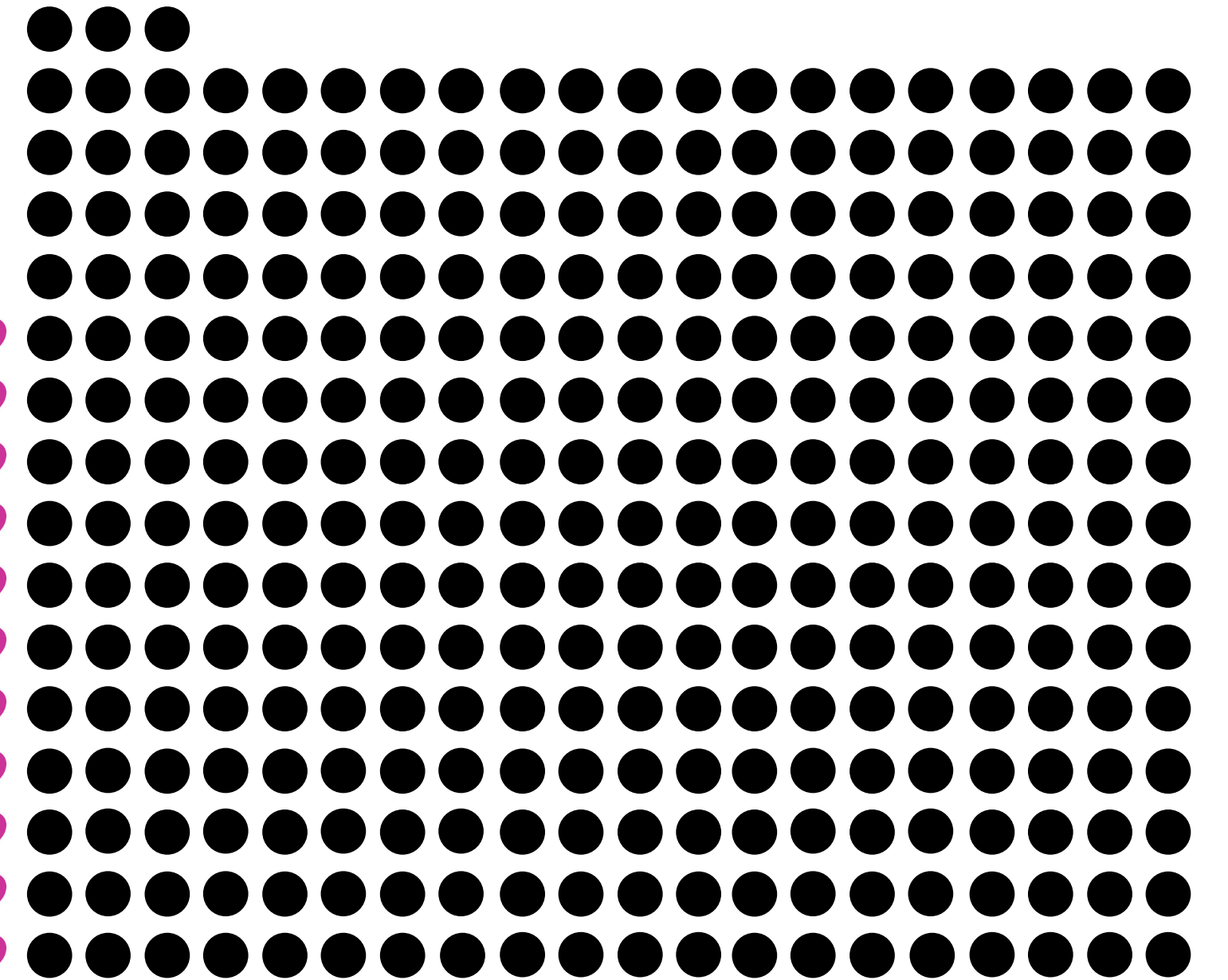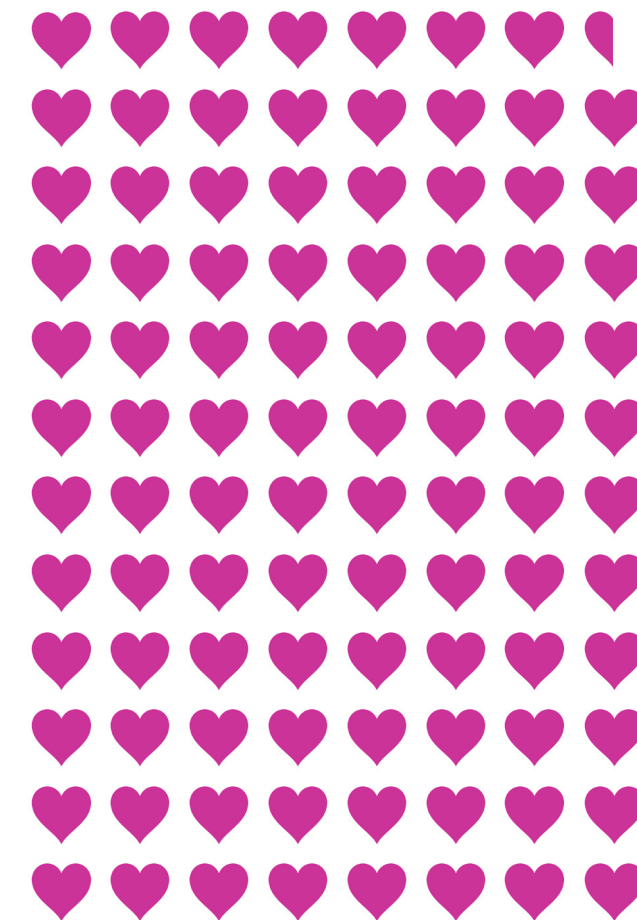

44.1% African Americans Face Food Insecurity

18.7% of White Americans Face Food Insecurity

Causes of Death Compared to Total Number of African American Deaths Nationally in 2013; icon= x1,000

Portsmouth 26%

Kenton 26%

East Columbia 2.4%

Parkrose Heights 2.3%

Russell 2.9%

Wilkes 2.7%

Centennial 26%

Legend:
- Cardiovascular Disease
- Obesity
- Diabetes
- African American Density

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Downtown 2.5%

Hazelwood/ Mill Park 19%

Mill Park 2.3%

Pleasant Valley/ Powellhurst-Gilbert 14%

Highest Statistical Health Issues in Portland, Oregon by Neighborhood with African American Underlay

http://www.yesmagazine.org/peace-justice/radical-farmers-use-fresh-food-fight-racial-injustice-black-lives-matter; http://www.cdc.gov/nchs/data/nvsr/nvsr64/nvsr64_02.pdf; https://gis.oregonmetro.gov/equityAtlas/

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